

The horses' vision of the future Foundation

Somehow, it is often hard to find the right question. Unless someone reminds you. In this case it was a rather new acquaintance who put the question forth; what is the horses' vision of the foundation?

The significance of the human prerogative to interpretation

The horses began by conveying an image of the entire planet, nature, all species and their common reality. Surrounding this image it was something that looked like a film, a bubble, the surface tension of water, or a soap bubble. That seemed to be a picture of man's interpretive prerogative, how we consider ourselves entitled to claim/define reality. It appeared like a kind of double understanding; first that we experience something - and then we know that we experience it. So in a way we interpret ourselves. This could mean that humans are free to interpret, or create, the world exactly as they wish. And this could be seen as something positive, creative, or at least as something neutrally creative. If it were not for the fact that when this happens without a connection to the outside world, i.e. an empathic understanding on how the other person experiences reality, it can have just about any consequences. If there is no foundation, no empathic union with the outside world/the other one, you cannot know where your actions lead. Instead, you calculate the possible consequence according to your own previous experiences. But we will never know how it actually affects the world as a whole, since we cannot feel it, or sense it inside of ourselves. This also means that any suffering caused by human behaviour remains silent.

Human participation in creation – bridging the gap

So what do you do as another (non-human) species, when some kind of opportunity arises to bridge this gap? If there is someone to communicate with, where there is an entrance to share and experience the same world. There are obviously an endless amount of different angles that this life could be experienced from. We all have different senses and perceptions of this reality. We are designed completely differently, that is what is both sacred and fascinating about this life. All life forms experience the world in a unique way. But what they all have in common is that they experience different angles of *the same world*. Man's dual, or double understanding means that he experiences a particular interpretation of his own reality - and then acts accordingly. This means that when other species would like to call out - *we see where this particular action is going, you have to change something* - this voice is not perceived, because it is not in their own conceptual world. There is no room to interact. Unless someone creates a bridge. In this particular case, on Friskeröd farm, it started a long time ago with the meeting between Pyret - the pony at the riding school - and me as a child. She laid the groundwork of creating this place. It is all based on that one meeting point. It doesn't matter between whom it happens, but the fact that it happens means that there is a way to go back and

forth between man and creation. More and more individuals of different species have ended up in this opening channel. And on the human side there is a kind of exercise in getting more people across from the human side as well. Therefore, in a natural way, there will be more animals (and other species) and more people on the site, because it is basically about moving back and forth on this transition. To say that it's solely about animal communication would be to somehow simplify, or flatten the concept. It is more about human participation in creation. It is not primarily a dialogue, but a *presence* that the rest of all species simply seek in us. That is the essence of it.

A sanctuary for interbeing

What they see in the future and what humans need in order to practice this transition in connecting back with nature, is a protected place where this can happen. And that requires certain factors, both for the other species and for the people involved. For humans, the most important factor is *not to be judged*. As soon as you feel a sign of judgement, performance, or even expectations of any kind, we are hindered by our deeply rooted defense mechanisms. It is indeed fascinating. That was my exact thoughts and wishes when I set up this farm so long ago, in order to create a place where animals would not need to experience the stress of performance, or the risk of being killed because of it. And all along the horses and other species were striving to create the same place and opportunity for us humans. A common ground for sharing the same reality, based on compassion and where there is no judgement. Then, in order for humans to understand creation in this perceived way by stepping into it, there needs to be a kind of protected area. I'm trying to find a word that is a combination of healthy and original, because that's what is described here. A place where species interact in a natural way of interbeing. So that when humans *step in*, they end up in a healthy, healing place. At least to start with. If you step into a place where all of that is broken, you may experience a lot of pain and isolation and nature becomes somehow a cruel and impossible place to be in. When we practice empathic interbeing in artificial situations, there is always a risk that man will retreat into his own world, (he has never really stepped out of it to begin with). There is the raw consequence of his own actions, without the encounter with the healthy opportunity of healing. So there needs to be something non-judgemental, and there needs to be something healthy and original. There is also the important step that the land needs to be able to speak. They describe it like a sluice, the way for humans to move from the (self-created) isolation, to where all other species are. For them, the foundation is simply a protected place where there is non-judgement, healing, and originality in the natural cycle of life. And that this cycle has been left to heal for such a long time that it has a chance to re-establish a higher degree of healthy interbeing than we are perhaps used to. A place where humans, as well as all other species can feel safe. A place where there is enough room for everyone to become who they truly are. A place to rediscover our innermost essence and relationship with the whole. Which means that the empathic communication, based on the expansion of the self, will be easier. And perhaps there will be less thresholds on this path between man and creation.

Life becoming an expression of art

This may be noticeable now when there have been more classes with courses, and more people going back and forth. There is also the significance of many people coming together. There is a security in the sense that you are not alone on this journey, even if there may also be a fear of the group. So there needs to be room for many species - animals, horses, trees, plants and people - both beneath and above the ground. In order for the site to be able to support such a large number of individuals, and for this cycle to be able to continue. In this way the natural world gets a chance to re-establish itself. But it is not only about maintaining such a place, it is also about the creative work that is made possible as the room opens up. The added space, the extra opportunity that comes when the gap, is no longer based on isolation. When the human interpretation of the reality has a true foundation in a common reality - then every expression of this life becomes a work of art. Something that we all long to share; the unique experience of each individual lifetime. The opportunities are indeed endless. *When the human creativity arises in its natural context, in contact with the outside world, then the immediate consequence is also experienced.* Thus this creative ability is not destructive, but additive. Finally we are able to contribute something that wasn't there before, and other species could definitely have an interest in that happening. That is the basis of the vision, seen from the angle of the horses.